



2009-2010 TRAINING CATALOGUE

RESPECT FOR FAMILY CULTURE; SENSITIVITY TO THE VARYING VIEWS OF FAMILY MEMBERS; ATTENTION TO FACTORS THAT PROMOTE RESILIENCY IN FAMILIES; AND STRUCTURING OF CREATIVE PROBLEM-SOLVING: THESE ARE THE KEY ELEMENTS OF THE HEALING PROCESS ENCOMPASSED IN THE ACKERMAN MODEL. WE ARE COMMITTED BOTH TO TEACHING THIS MODEL TO MENTAL HEALTH PROFESSIONALS AND TO EXTENDING ITS USE TO RELEVANT SOCIAL SERVICE AGENCIES AND EDUCATIONAL INSTITUTIONS IN OUR COMMUNITY.

FROM THE DIRECTOR OF TRAINING

Founded in 1960, The Ackerman Institute for the Family is one of the oldest postgraduate training Institutes in the world. Ackerman provides training for healthcare, human services, educational, and private sector professionals to work with a wide spectrum of families as they meet the challenges of living in today's society. The Ackerman Institute's most comprehensive program, the Core Curriculum sequence, involves a progression from the Foundations in Family Therapy course to the Live Clinical Supervision course to the Clinical Externship in Family Therapy program. Students move sequentially through this curriculum. However, some trainees may elect to take the Foundations and/or Live Clinical Supervision courses only.

Foundations in Family Therapy—an introductory survey course for those who wish to learn about family systems theory and technique. This 30-week course provides the basis for more advanced training in family therapy.

Live Clinical Supervision—a year-long course offering an opportunity for hands-on supervision. Students participate in treating families from behind a one-way mirror with simultaneous supervision. In addition, trainees participate as part of a consultation team that evaluates and plans treatment.

Clinical Externship in Family Therapy—a rigorous clinical and supervisory experience for trainees interested in attaining broad-based expertise in relational family therapy as it applies to couples and families.

COURSES

The Institute provides courses in specific areas of interest, including: Breaking Through the Vulnerability Cycle: A Roadmap for Couples Therapy; Treating Adolescents and their Families; Writing for Publication in Couple and Family Therapy; Treating Children and Families with Relational Trauma; Couples Therapy: A Conceptual Map for the Psychoanalytically trained Clinician; Divorce Mediation; Early Child Development and Parenting Process; and Specialized Course for Physicians, Family Therapists and Allied Health Professionals. This year a new course is available: Practical Techniques in Working with Adolescents and Their Families.

SUMMER CLINICAL PRACTICUM

The summer practicum is ideal for those who live too far away to participate on a weekly basis, or for those who want an intensive, month-long, hands-on experience working with families with direct supervision. This brief, intensive training experience makes use of the Institute's clinic families and teaching faculty in a small-group format.

WORKSHOPS

The Institute also sponsors several full-day workshops each semester. Outstanding teachers from Ackerman and renowned professionals present topics of special interest. Past topics have included: Treating Couples; Alcoholism and the Family; Parenting Issues; Chronic Illness; and Family Therapy with Adolescents.

In the following pages, you will find a description of the different training opportunities for the upcoming academic year. For all training inquiries, please contact the Training Office at (212) 879-4900, extension 111. Our Dean of Students, Constance Scharf, L.C.S.W., at extension 128, is available to discuss your particular needs and help you select the appropriate program.

Marcia Sheinberg, L.C.S.W.
Director of Training and Clinical Services

CORE CURRICULUM SEQUENCE

FOUNDATIONS IN FAMILY THERAPY

Family therapy has developed many effective and innovative ways to work with families, couples and individuals. Ackerman training incorporates both exciting new ideas and practices and the “tried and true.” Course participants learn about the development of systemic thinking and how it informs information gathering, hypothesizing, genograms and other therapy practices from the earliest theorists through the current, meaning-centered approach of the Ackerman model. The course includes didactic presentations, discussions of reading materials, case consultations, videotapes and experiential exercises as well as observation and discussion of videotaped therapy sessions conducted by experienced family therapists. In addition, students have the opportunity to role-play different family problems and to learn to conduct interviews that treat couples and families in a safe context. Students work with experienced family therapy trainers to learn theory and clinical concepts.

Who should apply: Social workers, mental health counselors, psychologists and psychiatrists. This course also is suitable for educators and other professionals interested in learning the techniques and theory of family therapy.

Time: Mondays, beginning September 14, 2009 5 p.m. – 8 p.m. or
Wednesdays, beginning September 16, 2009 12 p.m. – 3 p.m.
30 sessions

Tuition: \$2,120. Deposit of \$1,000 payable upon acceptance into the program. Balance is due by August 1.

Continuing Education Credits: 90

LIVE CLINICAL SUPERVISION

Using the knowledge of family systems gained from the Foundations in Family Therapy course, trainees have the opportunity to participate actively on a treatment team and, at times, work with families in front of a one-way mirror with live supervision. In addition, group members explore their own family’s culture of origin and its effect on practice. Review of videotapes is included to increase clinical skills and to address relevant personal issues.

Prerequisite: Foundations in Family Therapy course or equivalent, and a master’s degree or doctorate in social work, mental health counseling, psychology, or psychiatry.

Time:

Saturdays, beginning October 3, 2009	9 a.m. – 1 p.m.
Mondays, beginning October 5, 2009	1 p.m. – 5 p.m. or 5 p.m. – 9 p.m.
Tuesdays, beginning October 6, 2009	5 p.m. – 9 p.m.
Wednesdays, beginning October 7, 2009	4 p.m. – 8 p.m. or 5 p.m. – 9 p.m.
Thursdays, beginning October 8, 2009	5 p.m. – 9 p.m.

30 sessions

Tuition: \$2,730. Deposit of \$1,365 payable upon acceptance into the program. Balance is due by August 1.

Continuing Education Credits: 120

**STUDENTS MAY APPLY TO TAKE BOTH FOUNDATIONS AND LIVE CLINICAL
SIMULTANEOUSLY.**

CLINICAL EXTERNSHIP IN FAMILY THERAPY

Ackerman's most intensive program, the Externship Program is designed for experienced practitioners. It provides rigorous clinical training in family therapy, with an emphasis on creating a relational understanding and practice that connects the presenting problem to the family members' current relationships and their relationships over time. Different concepts and approaches to change are taught and used according to the "fit" of each family.

Students who complete the Clinical Externship receive a certificate at graduation and are invited to continue their professional and educational relationship with the Institute by joining the Ackerman Alumnae/i Association. In addition, selected trainees are eligible for specialized training through one of Ackerman's five Thematic Centers (e.g., health, work, relational trauma, etc.)

To accommodate the varying schedules of our practicing clinicians, the externship is offered in two ways. Both programs run for 12 months and include ample vacation time and holidays. **The Day Program** allows students to complete their training within two years. Classes are scheduled from 9:00 a.m. to 5:00 p.m. one day a week. An additional four (4) hours per week of clinical work with families during evenings or Saturdays is required. **The Evening Program** allows students to spread their training out over three years. Classes are scheduled in the afternoon and evening from 3:00 p.m. to 9:00 p.m. once a week, with an additional requirement of three (3) hours per week for clinical work with families, also during evenings or on Saturdays. The didactic seminar sequence must be completed in the first two years.

PROGRAM COMPONENTS:

Clinical Practicum and Supervision

Intensive supervisory groups meet each week during the year in small groups to observe treatment sessions directly, review each extern's videotapes and discuss cases in detail. Ackerman believes that individual learning is enhanced by observing colleagues being supervised. In this program, participants both receive and observe supervision, and learning is maximized. Supervision highlights family issues and places them in a larger social-cultural context. The role of the therapist and her/his development is emphasized.

Didactic Seminar

First year: This weekly seminar focuses on the Ackerman Institute's Training Guide through didactic presentations, videotape illustrations, role play and discussion. Students learn the Ackerman Institute model and how it applies to their supervision experience.

Second year: This year is devoted to presentations of current work by senior clinical faculty on Ackerman's ongoing research projects. Students also present their own work to each other, their supervisors and the Director of Training.

Treatment Hours

Working in Ackerman's Treatment Center, externs carry three to four cases in ongoing family therapy, depending on the requirements of the Day or Evening Program. Externs see cases until graduation and must complete a minimum of 300 clinical hours during their course of study at the Institute.

**2009-2010 CLINICAL EXTERNSHIP DAY PROGRAM SCHEDULE AND TUITION
(TWO-YEAR DAY PROGRAM)**

Day Program, First-Year

First class begins: Tuesday, September 15, 2009
Supervision: Tuesdays, 9 a.m. – 3 p.m.
Didactic Seminar: Tuesdays, 3:15 p.m. – 4:45 p.m.
Additional four (4) treatment hours per week.

Day Program, Second-Year

First class begins: Thursday, September 10, 2009
Supervision: Thursdays, 9 a.m. – 3 p.m.
Didactic Seminar: Thursdays, 3:15 p.m. – 4:45 p.m.
Additional four (4) treatment hours per week.

Yearly Tuition: \$6,180. Deposit of \$3,000 payable upon acceptance into the program. Balance is due by August 1.

Continuing Education Credits: 318 per year

**2009-2010 CLINICAL EXTERNSHIP FLEX PROGRAM SCHEDULE AND TUITION
(THREE-YEAR EVENING PROGRAM)**

Evening Program, First-Year

First class begins: Tuesday, September 15, 2009
Supervision: Tuesdays, 5 p.m. – 9 p.m.
Didactic Seminar: Tuesdays, 3:15 p.m. – 4:45 p.m.
Additional three (3) treatment hours per week.

Evening Program, Second-Year

First class begins: Thursday, September 10, 2009
Supervision: Thursdays, 5 p.m. – 9 p.m.
Didactic Seminar: Thursdays, 3:15 p.m. – 4:45 p.m.
Additional three (3) treatment hours per week.

Evening Program, Third-Year

First class begins: Thursday, September 10, 2009
Supervision: Thursdays, 5 p.m. – 9 p.m.
Additional three (3) treatment hours per week.

Yearly Tuition: \$4,220. Deposit of \$2,100 payable upon acceptance into the program. Balance is due by August 1.

Continuing Education Credits: 239 per year

Who should apply: Social workers, marriage and family therapists, psychologists and psychiatrists who have completed Foundations in Family Therapy and Live Clinical Supervision courses, or their equivalents.

Separate application required—please call the Training Department at 212-879-4900, ext. 111 for an application. A personal interview will be scheduled after the application, application fee, graduate transcripts and letters of recommendation are received.

DEADLINE FOR APPLICATIONS: May 15, 2009

NEW SPECIAL TRACK FOR MARRIAGE AND FAMILY THERAPISTS

This fall, Ackerman will offer a new track for marriage and family therapists that combines immersion in the Ackerman model of family therapy with live clinical supervision. Participants will spend three hours per week for ten weeks in Ackerman's Foundations in Family Therapy class and four hours per week for thirty weeks in Live Clinical Supervision, which provides opportunities to participate actively on a treatment team and, at times, work with families in front of one-way mirror with live supervision. In addition the trainees also will explore their own family of origin's culture and its effect on practice. Review of videotapes is included in order to help expand clinical skills and address relevant personal issues.

Prerequisite: A Masters degree in Marriage and Family Therapy.

Foundations in Family Therapy - Time:

Mondays, beginning September 14, 2009 5:00 p.m. – 8:00 p.m. **or**
Wednesdays, beginning September 16, 2009 12:00 p.m. – 3:00 p.m.
10 sessions

Live Clinical Supervision - Time:

Saturdays, beginning October 3, 2009 9 a.m. – 1 p.m.
Mondays, beginning October 5, 2009 1 p.m. – 5 p.m. **or** 5 p.m. – 9 p.m.
Tuesdays, beginning October 6, 2009 5 p.m. – 9 p.m.
Wednesdays, beginning October 7, 2009 4 p.m. – 8 p.m. **or** 5 p.m. – 9 p.m.
Thursdays, beginning October 8, 2009 5 p.m. – 9 p.m.
30 sessions

Tuition: \$3,440. Deposit of \$1,720 payable upon acceptance into the program. Balance is due by August 1.

Continuing Education Credits: 150

SUMMER COURSES

FOUR-DAY EXTERNSHIP IN EMOTIONALLY FOCUSED COUPLES THERAPY WITH SUE JOHNSON

Through a combination of lecture, videotape, observation of live interviews and exercises, participants will learn the basic concepts and theory of emotionally focused therapy, identify the stages and steps of treatment, begin to formulate problematic cycles of interaction, and help couples end cycles of blame and disengagement so that they can restore and deepen the emotional bond between them. Sue Johnson's second edition of her book, *The Practice of Emotionally Focused Couples Therapy: Creating Connections*, is recommended reading for participants in the summer program.

Faculty: Sue Johnson, Ed.D., is an international expert in the field of marital therapy. She is a Professor of Psychology and Psychiatry at the University of Ottawa and founding Director of the Ottawa Couple and Family Institute.

Time: June 22, 23, 24, 25, 2009 9 a.m.-5 p.m.

Tuition: \$975. Payable upon acceptance into the program.

Continuing Education Credits: 28 hours

SUMMER CLINICAL PRACTICUM

This one-month program offers an opportunity to develop specific skills in family therapy through simulation and live-family interviews. Students work in a small-group format as a consultation team in addition to conducting individual therapy interviews. Students learn relational interviewing skills and systemic approaches to change.

Eligibility: A primary degree in social work, clinical psychology or psychiatry.

Time: June 2 – June 26, 2009 Tuesdays, Wednesdays, Thursdays
9:30 a.m. – 3:30 p.m. 12 sessions

Tuition: \$2,130. Tuition is due upon acceptance into the program.

Continuing Education Credits: 60

BRIGHT BEGINNINGS SUMMER INTENSIVE: EARLY CHILD DEVELOPMENT AND PARENTING PROCESSES:

This intensive workshop prepares participants to implement two parenting curricula: Bright Beginnings and Personal Best. Bright Beginnings is a manualized intervention that aims to enhance children's social, emotional and cognitive development and develop school readiness. The manual includes 36 detailed guides for conducting groups for pregnant women (six sessions) and groups for parents and their infants and toddlers from 2 to 30 months (30 sessions). Personal Best is a manualized intervention for parents (without their children) that promotes parental mental health and self-efficacy through group experience and personal goal setting. The manual includes 16 detailed guides for conducting parent groups. In the workshop, through a combination of lecture, discussion, videotape, role play and experiential exercises, participants will: (1) conceptualize parenting within a Developmental-Ecological context, focusing on child, adult and family development; (2) understand the micro-processes of parent-child interactions and child outcomes; (3) hone skills in observing parent-child interaction, (4) learn and practice skills of facilitating groups; and (5) enhance their knowledge of child development, parenting practices and healthy coping and communication skills. The integration of Bright Beginnings and Personal Best provides a comprehensive prevention program for families at risk who are attending early childhood, social service or family support programs.

Faculty: **Martha E. Edwards, Ph.D.**, Founder and Director of the Center for the Developing Child and Family. As a psychologist, family therapist, and researcher, she has focused on integrating theory and practice from the areas of family systems, developmental neurobiology, and psychoanalysis. She also develops clinical and preventive interventions for children and their families and is the creator of the Bright Beginnings Parent-Child Program.

Time: July 20, 21, 22, 23, 24, 2009 9:30 a.m. - 4 p.m.

Tuition: \$1,150. Tuition is due upon acceptance into program.

Continuing Education Credits: 27

FALL COURSES

ENHANCING YOUR CLINICAL CREATIVITY

The experience of feeling “stuck” is a common hazard of our profession and leaves therapists searching for a “creative leap.” This eight-session course is designed to help clinicians break through therapeutic impasses and find creative solutions to difficult problems. Peggy Papp brings her expertise and experience working with individuals, couples and families around the world to demonstrate different ways of thinking “outside the box.” Through consultations, discussions, experiential exercises, live interviews and video tapes she demonstrates how to understand the unique logic of clients when it defies rational solutions, create therapeutic rituals that change the setting and meaning of the problem and tap into the imagination and creativity of clients through the use of metaphors, symbols and sculpting. Participants are encouraged to bring in their own cases for consultation. Sessions are scheduled monthly to give participants time to put concepts into clinical practice.

Faculty: Peggy Papp, L.C.S.W., senior faculty, director, Depression Program, Ackerman Institute; author, *The Process of Change*; editor, *Couples on the Fault Line: New Direction for Therapists*; co-author, *The Invisible Web: Gender Patterns in Family Relationships*.

Time: 10/3, 11/7, 12/5/2009, 1/9, 2/6, 3/6, 4/10, 5/1/2010
Saturdays, 1 p.m. – 4 p.m.

Tuition: \$1,200 Deposit of \$600 due upon acceptance into the program. Balance is due by August 1.

Continuing Education Credits: 24

TREATING ADOLESCENTS AND THEIR FAMILIES

Adolescence is a challenging time for most families, and the clinical issues raised by adolescent-parental conflict can stymie even the most experienced therapists. Dr. Steven Goldstein, a pioneering clinician in family therapy approaches to the treatment of adolescents and families, shares his extensive experience in this area with clinicians who want to improve their skills in working with adolescents in the context of their families. Students can receive consultations on their own cases, practice skills through role-playing activities and observe videotapes that illustrate how Dr. Goldstein works with families around issues of adolescence.

Faculty: Steven Goldstein, Ph.D., visiting faculty, Ackerman Institute; teaching faculty, St. Luke’s-Roosevelt; former director and creator of the Adolescent Day Program, Queens Hospital Center; former director of training at Morrisania NFCC; private practice, New York City.

Time: Mondays, beginning October 5, 2009 2 p.m. – 4 p.m. 15 sessions

Tuition: \$1,460. Deposit of \$730 payable upon acceptance into the program. Balance is due by August 1.

Continuing Education Credits: 30

COUPLES, FAMILIES AND MONEY: INTERVENTION STRATEGIES FOR THERAPISTS

Money is currently the number one source of stress in America. Its symbolic and practical effects on the family are pervasive, difficult to frame and often laced with taboo. Many therapists across a range of practice settings feel palpably ill-equipped and uncomfortable addressing money, even as these issues loom large and represent a growing practice opportunity. This course is designed to help you get better at dealing effectively with a wide range of client money matters. Because couples are often at the flashpoint of many complex financial dynamics, work with this unit within the family figures prominently in the course.

Faculty: **G. Scott Budge, Ph.D.**, Managing Director, RayLign Advisory, LLC, is an expert in the dynamics of wealthy families and their advisory systems. He is a member of the Money and Family Life Project at Ackerman and author, *The New Financial Advisor: Strategies for Successful Family Wealth Management*. (John Wiley & Sons, 2008).

Time: Wednesdays, beginning September 23, 2009 3 p.m. – 5 p.m. 8 sessions

Tuition: \$990. Deposit of \$495 payable upon acceptance into the program. Balance is due by August 1.

Continuing Education Credits: 16

WRITING FOR PUBLICATION IN COUPLE AND FAMILY THERAPY

This eight-session course teaches participants how to write for publication. Issues include choosing a topic, organizing the work, developing themes and sub-themes within an article, finding a writing “voice,” discerning the audience (scholarly or lay readers), working with editors’ feedback, revising an article, and examining the worlds of scholarly and popular publishing. The course meets monthly, giving participants ample opportunity to work on their writing between classes. Participants are expected to bring written work for class and instructor feedback, given in the context of a positive, constructive atmosphere. Participants can expect to have a very good start on a paper for submission by the end of this course.

Faculty: **Evan Imber-Black, Ph.D.**, author and editor of numerous full-length scholarly and popular books, scholarly journal articles, and popular magazine columns and articles; current Editor of *Family Process*.

Time: 10/14, 11/11, 12/9/2009, 1/13, 2/17, 3/17, 4/14, 5/12, 2010.
Wednesdays, 5 p.m. - 7 p.m.

Tuition: \$990. Deposit of \$495 payable upon acceptance into the program. Balance is due by August 1.

Continuing Education Credits: 16

SPRING COURSES

COUPLES THERAPY: A CONCEPTUAL MAP FOR THE PSYCHOANALYTICALLY TRAINED CLINICIAN

This course provides a conceptual framework for treating couples within a systemic approach informed by psychoanalytic and neurobiological considerations. Course participants read classic and contemporary papers on couple therapy and study videotaped sessions that demonstrate a variety of styles and techniques. The instructor provides consultation on cases presented by course participants.

Faculty: Susan M. Shimmerlik, Ph.D., faculty, Ackerman Institute for the Family; faculty, Adelphi University Postdoctoral Program in Psychoanalysis and Psychotherapy

Time: Thursdays, beginning January 14, 2010 12 p.m. – 2 p.m. 15 sessions

Tuition: \$1,460. Deposit of \$730 payable upon acceptance into the program. Balance is due by August 1.

Continuing Education Credits: 30

DECONSTRUCTING IMPASSES: A ROAD MAP FOR COUPLES THERAPY

Couples seeking therapy are often trapped in reactive cycles from which they can't escape on their own. In this course Michele Scheinkman presents a collaborative multi-level approach and practical road map to guide the therapeutic process step by step. She demonstrates how therapists can create a "holding environment" to help couples contain their escalation, and then how to proceed sequentially to explore and intervene on interactional, contextual/organizational, intrapsychic, and intergenerational factors that may be informing the couple's dynamics. Major focus is on how to use the construct of the vulnerability cycle to understand and transform couples' most difficult impasses: from reactivity to responsibility for their own feelings and behavior; from feeling stuck to a greater ability to reflect, express feelings and wishes. The overall goal of the therapeutic process is to stimulate a broader narrative about the self, the other, and the relationship to allow for negotiations of a better fit between the partners. Didactic classes will focus on an integrative approach to couples therapy as well as on major couples issues such as intimacy, sexuality and infidelity. The course is based on lectures, tapes and live sessions that involve active participation of attendees in the reflecting team.

Faculty: Michele Scheinkman, L.C.S.W., is an adjunct faculty member at the Ackerman Institute. she is former director of training, Chicago Center for Family Health; lecturer, The University of Chicago; a previous consultant, Roberto Clemente Center; co-author, Family Process 2004, *The Vulnerability Cycle: Working With Impasses In Couples Therapy*; author, Family Process 2005, *Literary Essay Beyond the Trauma of Betrayal: Reconsidering Affairs in Couples Therapy*; author, Family Process 2008, *The Multi-Level Approach: A Road Map for Couple's Therapy*.

Time: Mondays, beginning January 4, 2009 5 p.m. – 7 p.m. 8 sessions

Tuition: \$990. Deposit of \$495 payable upon acceptance into the program. Balance is due by November 1.

Continuing Education Credits: 16

FAMILY AND DIVORCE MEDIATION PROGRAM

Continuing Ackerman's innovative program in partnership with the New York Mediation Group, this program offers opportunities for basic and advanced training in divorce mediation. The faculty includes two law school professors and a senior Ackerman therapist, all of whom are practicing divorce mediators. The program uses the format of the Institute's clinical programs.

Faculty: Robert Kirkman Collins, J.D., is the author of a training text for divorce mediation and currently teaches divorce mediation as an adjunct professor at Cardozo Law School, where he has been cited as being among the pioneers of divorce mediation.

Marc Fleisher, J.D., is an adjunct professor at Brooklyn Law School. He has been a guest lecturer in negotiation and divorce mediation at Columbia University Law School, Cardozo School of Law and Hofstra Law School.

Elana Katz, L.C.S.W., teaches both family therapy and mediation at Ackerman, and she has presented widely on the topic of divorced and remarried families. She has taught mediation both here and in South America, and she is on the panel for New York State's Supreme Court mediation program.

BASIC MEDIATION TRAINING

This core preparation for becoming a practicing divorce mediator teaches the essential techniques of mediation and covers the legal, financial and psychological background needed to help couples negotiate the terms of their separation. The course uses an active blend of lecture, role-play, discussion and videotape analysis.

Time: January 22, 23, 24, February 6, 7, 2010 9 a.m. – 6 p.m.

Tuition: \$1,240. Deposit of \$620 payable upon acceptance into the program. Balance is due by November 1.

Continuing Education Credits: 40 (Continuing Legal Education Credits approved)

ADVANCED MEDIATION TRAINING

Trainees have the opportunity to observe and analyze cases mediated by a faculty member and seen through a one-way mirror. Participants work as a team to develop strategies for each session and plan a comprehensive approach for each case. In addition, trainees analyze videotaped case material and participate in problem-solving sessions in advanced practice issues.

Time: Wednesdays, beginning February 24, 2010
4 p.m. – 6:15 p.m. 15 sessions

Tuition: \$1,640. Tuition is due upon acceptance into the program.

Continuing Education Credits: 33 (Continuing Legal Education Credits approved)

Professionals working full-time in the nonprofit sector and meeting income criteria are eligible for a tuition discount.

PRACTICAL TECHNIQUES IN WORKING WITH ADOLESCENTS AND THEIR FAMILIES

Participants in this class will be introduced to the model that we have been developing in Ackerman's project for Adolescents and their Families. Our belief is that the adolescent's transition from childhood to adulthood largely depends on the quality of the connection the adolescent is able to maintain with his/her family. In order for the transition to proceed successfully, the family as a whole must be able to accommodate the adolescent's transforming needs and must be able to grow and develop alongside the adolescent. In this course, we will emphasize the importance of this "simultaneous transition." We first will examine ways of helping families reduce the level of conflict in the home and repair ruptured relationships. We then will turn our attention to identifying and working with the underlying issues in families those often foster problems when children go through adolescence. Based on this model, participants will learn interventions for resolving the issues that adolescents typically present with, including substance abuse, suicidality, and depression, truancy and school failure.

Faculty: Michael Davidovits , Ph.D., L.C.S.W., teaching faculty and Assistant Director of the Project for Adolescents and their Families at the Ackerman Institute. He is also Clinical Instructor in the Department of Psychiatry at North General Hospital/Mount Sinai School of Medicine, and he conducts frequent trainings on family therapy with adolescents throughout the metropolitan area.

Time: Tuesdays, beginning February 9, 2010 12 p.m. – 2 p.m.
15 sessions

Tuition: \$1,460. Deposit of \$730 payable upon acceptance into the program. Balance is due by November 1.

Continuing Education Credits: 30

GENERAL INFORMATION

Tuition Payment Policy

Students are required to pay tuition in full to the Ackerman Institute prior to beginning their course.

Refund Policy

The Ackerman Institute does not provide refunds for Summer Clinical Practicum, Live Clinical Supervision, and the Clinical Externship programs. If a student withdraws from a class except the above classes at least three weeks before the first class date an administrative fee of \$300 will be deducted from the tuition refund. Full refunds for tuition deposits and balances are made only if a class is cancelled.

Financial Aid

A limited number of partial scholarships are available through the Institute. These awards are awarded based on a student's demonstrated financial need and commitment to working in a community agency.

Veterans' Benefits

The Clinical Externship and year-long courses have been approved for payment by the Veterans' Administration, Bureau of Veterans' Education.

International/U.S. Visiting Students

The Ackerman Institute is authorized by the United States Department of Immigration and Naturalization to accept and enroll foreign, non-immigrant students.

Visiting students who wish to observe the ongoing work of the Institute should write to the Training Department at least one month in advance, specifying date(s) of arrival and the research project they are interested in. A fee of US \$150 per day will be charged.

Continuing Education Credits

Students who successfully complete a course of study at the Institute will receive a Letter of Completion, which may be used to obtain continuing education credits.

Social Workers: Applications for Continuing Education Credits has been made to the National Association for Social Workers (NY and CT). CE Credits pending.

Psychologists: Ackerman Institute for the Family is approved by the American Psychological Association to offer continuing education for psychologists. Ackerman Institute for the Family maintains responsibility for the program and its content.



APPLICATION FOR 2009-2010 PROGRAMS

I wish to apply for the following courses:

Course Title: _____

Section: _____ Day & Time: _____

Course Title: _____

Section: _____ Day & Time: _____

Name: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____

Agency: _____

Please Circle: My agency is: Private Public

Work Address: _____

City: _____ State: _____ Zip: _____

Work Phone: _____

Fax Number: _____ E-Mail: _____

Professional Discipline: _____

Highest Degree Earned: _____ Date Awarded: _____

School: _____

Please Circle: I am a member of AAMFT NASW

For office use only

Date received
Copy to

App fee
Date

Are you currently working with families in ongoing treatment?

Yes

No

Please attach a separate sheet of paper if more space is required for the following questions.

Postgraduate training or workshops attended (include supervision):

Work experience during the past five years (include current position):

Please complete and submit the application form with a non-refundable application fee of \$40 (not creditable toward tuition fees) and a copy of your degree to:

Ackerman Institute for the Family, 149 East 78th Street, New York, NY 10075

Attn: Training Department

Please call the Training Office at (212) 879-4900, extension 111 to confirm availability before sending in your application. Students approved for course study will receive confirmation in the mail, at which time full tuition payment or a tuition deposit is required to reserve a space in the course.

ACKERMAN INSTITUTE STAFF

ADMINISTRATION

Lois Braverman
President and C.E.O.

Marcia Sheinberg
Director of Training and Clinical Services;
Co-Director of the Center for Children and
Relational Trauma

Catherine Lewis
Director of Community and International Training

Fiona True
Co-Director of the Center for Children and
Relational Trauma

Martha E. Edwards
Director of the Center for the Developing Child
and Family

Evan Imber-Black
Director of the Center for Families and Health

Peter Steinglass
Director of the Center for Families and Substance
Abuse

Peter Fraenkel
Director of the Center for Work and Family

Constance N. Scharf
Dean of Students

Elana Katz
Faculty Coordinator of Clinical Services

Laurie Kaplan
Co-Director of Diversity and Social Work
Program

Sippio Small
Co-Director of Diversity and Social Work
Program

TEACHING FACULTY

Lois Braverman, M.S.W.
Mary Kim Brewster, Ph.D.
Shoshana Bulow, L.C.S.W.
Martha Edwards, Ph.D.
Peter Fraenkel, Ph.D.
Aquilla Frederick, L.C.S.W.
Silvia Giliotti, L.C.S.W.
Judy Grossman, DrPH, OTR
Evan Imber-Black, Ph.D.
Mary Beth Jordan, L.C.S.W.
Laurie Kaplan, L.C.S.W.
Elana Katz, L.C.S.W.
David Kezur, L.C.S.W.
Lisa Lavelle, L.C.S.W.
Catherine Lewis, L.C.S.W.
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