Annual Report 2016

moving families forward
WHO WE ARE

Founded in 1960, the Ackerman Institute for the Family is one of the premier institutions for family therapy in the United States. The Institute serves all kinds of families at all stages of family life by offering programs addressing a broad array of issues and concerns.

Ackerman also is one of the best-known and most highly regarded training facilities for family therapists. Each year, the Institute provides educational programs and workshops for family therapists and mental health professionals on site and in hospitals and clinics in New York, nationally and internationally.

Ackerman faculty members author influential articles and books, and present papers across the country and around the world. The innovative, cutting-edge research they undertake focuses on both the development of new treatment models and new training techniques.

WHAT WE DO

Family therapy is a form of psychotherapy that brings family members together to solve their shared problems. It is based on the belief that families are the single most powerful resource available to individuals attempting to cope successfully with major psychological or medical issues or even those difficulties caused by society.

In traditional forms of psychotherapy, each individual works separately to solve his or her problems. In family therapy, family members work together to solve problems. By allowing families to harness and strengthen existing resources, and by helping family members work collaboratively toward inventive solutions to tough problems, family therapy has proven to be of great benefit to people at times of major life stress.

The Ackerman Institute has played a major role in expanding the scope of the field of mental health, and is widely acknowledged as a pioneer and leader in the field of family therapy. The Institute and its faculty have received multiple major awards from the nation’s leading professional organizations, including the American Association of Marriage and Family Therapy and the American Family Therapy Academy.

Through its dynamic interaction of training, treatment and research, the Ackerman Institute’s work positively affects generations of families, provides mental health care professionals with new skills, and brings innovative perspectives to community service agencies and other health care facilities.
About the Ackerman Institute: A Unique, Integrated Approach

The Ackerman Institute for the Family was founded in 1960, with a mission to develop cutting-edge and effective models of treatment for families in distress and to train clinicians in the implementation of those models. Since then, we have been unique in our focus on communities and the context surrounding an individual facing difficulties. We remain a forerunner in developing and constantly testing therapeutic models of family therapy to move away from individual psychodynamic models of treatment and improve our approach. To this end, the Ackerman Institute’s principal activities are:

Treatment
Ackerman’s on-site Treatment Center is at the heart of all of our service programs, training initiatives and research projects. Highly trained therapists help families from all ethnic, economic and religious backgrounds, as well as heterosexual and same-sex families and couples. Our goal is to harness and strengthen family resources, and help family members work collaboratively towards solutions to their problems. Ackerman is the only post-graduate training institute with a clinic licensed by the New York State Office of Mental Health.

Training
Ackerman’s training programs in family therapy serves mental health professionals on-site and at community-based workplace sites, which include social service agencies, hospitals, family courts, community centers, and schools. We offer an advanced two- and three-year postgraduate externship for psychologists, psychiatrists and social workers, and a one-year course on family therapy theory and practice. In addition, we offer 32 different day-long education workshops on-site for mental health practitioners.

Research
Ackerman’s faculty members are experts in their fields and highly motivated to develop issue- or population-focused projects, and they dive deeply into research, training, and field-building activities. Ackerman’s research is about finding out what interventions work best in a given context – what approach for a particular problem yields the strongest results for children and families. Proven practices are shared with other experts in the field and brought back to trainees in our post-graduate training program. Each project has a unique focus that incorporates treatment, training and research for special populations. Projects change over time based on emerging issues and needs.

Through these integrated activities and responsive programming, the Ackerman Institute has been a major force in expanding the field of mental health’s understanding that the problems of the individual are best understood and solved in their social context, the context of the family and the community.
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2015-2016

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Attorney
Law Office of Clement B. Wood
### Statement of Financial Position
**July 1, 2015 – June 30, 2016**

#### Assets

<table>
<thead>
<tr>
<th>Current Assets</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>3,667,042</td>
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<tr>
<td>Investments</td>
<td>9,734,246</td>
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<tr>
<td>Accounts Receivable</td>
<td>112,207</td>
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<td>Contributions Receivable</td>
<td>142,100</td>
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<td>Prepaid Expenses</td>
<td>116,788</td>
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<td><strong>Total Current Assets</strong></td>
<td><strong>13,772,383</strong></td>
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<td>Contributions receivable, net of current portion</td>
<td>28,000</td>
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<tr>
<td>Property and Equipment, at Cost, Net of</td>
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<tr>
<td>Accumulated Depreciation</td>
<td>10,217,758</td>
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<tr>
<td>Deferred compensation</td>
<td>61,690</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td><strong>24,079,831</strong></td>
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#### Liabilities & Net Assets

<table>
<thead>
<tr>
<th>Current Liabilities</th>
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<tbody>
<tr>
<td>Accounts Payable and Accrued Expenses</td>
<td>194,811</td>
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<tr>
<td>Salaries and Payroll Taxes Payable</td>
<td>59,839</td>
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<tr>
<td>Deferred Tuition and Fees</td>
<td>117,968</td>
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<tr>
<td>Deferred compensation</td>
<td>61,690</td>
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<td><strong>Total Current Liabilities</strong></td>
<td><strong>434,308</strong></td>
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<table>
<thead>
<tr>
<th>Net Assets</th>
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<tbody>
<tr>
<td>Unrestricted &amp; Board-Designated</td>
<td>8,245,318</td>
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<tr>
<td>Net Investment in Property &amp; Equipment</td>
<td>10,217,758</td>
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<tr>
<td>Temporarily Restricted</td>
<td>2,409,014</td>
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<td>Permanently Restricted</td>
<td>2,773,433</td>
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<td><strong>Total Net Assets</strong></td>
<td><strong>23,645,523</strong></td>
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| **Total Liabilities and Net Assets**               | **24,079,831** |
## Statement of Financial Activities

**July 1, 2015 – June 30, 2016**

### PUBLIC SUPPORT AND OTHER REVENUE

<table>
<thead>
<tr>
<th>Description</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Public Support:</strong></td>
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</tr>
<tr>
<td>Grants and Contributions</td>
<td>720,776</td>
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<tr>
<td>Special Events, Net of Direct Costs of $262,288</td>
<td>594,193</td>
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<tr>
<td><strong>Total Public Support</strong></td>
<td>1,314,969</td>
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<td><strong>Other Revenue:</strong></td>
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<tr>
<td>Patient Services</td>
<td>482,350</td>
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<tr>
<td>Tuition and fees</td>
<td>1,096,685</td>
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<tr>
<td>Rental Income</td>
<td>144,262</td>
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<tr>
<td>Investment Income</td>
<td>338,667</td>
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<td>Miscellaneous</td>
<td>8,422</td>
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<tr>
<td><strong>Total Other Revenue</strong></td>
<td>2,070,386</td>
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<td><strong>Total Public Support and Other Revenue</strong></td>
<td>3,385,355</td>
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### EXPENSES

<table>
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<tr>
<th>Description</th>
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<tr>
<td><strong>Program Expenses:</strong></td>
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<tr>
<td>Clinical Services</td>
<td>803,081</td>
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<tr>
<td>Education &amp; Workshops</td>
<td>2,372,804</td>
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<td><strong>Total Program Expenses</strong></td>
<td>3,175,885</td>
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<td><strong>Supporting Services:</strong></td>
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<tr>
<td>Management &amp; General</td>
<td>428,121</td>
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<tr>
<td>Fundraising</td>
<td>300,118</td>
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<td><strong>Total Supporting Services</strong></td>
<td>728,239</td>
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<td><strong>Total Expenses</strong></td>
<td>3,904,124</td>
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Increase (Decrease) from operating activities before other additions (deductions)  

<table>
<thead>
<tr>
<th>Description</th>
<th>TOTAL</th>
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<tbody>
<tr>
<td>Unrealized gains (loss) on investments</td>
<td>(504,393)</td>
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<tr>
<td><strong>Total Decrease in Net Assets</strong></td>
<td>(1,023,162)</td>
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Net Assets, beginning of year  

<table>
<thead>
<tr>
<th>Description</th>
<th>TOTAL</th>
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<tbody>
<tr>
<td><strong>Net Assets, beginning of year</strong></td>
<td>24,668,685</td>
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</table>

Net Assets, end of year  

<table>
<thead>
<tr>
<th>Description</th>
<th>TOTAL</th>
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</thead>
<tbody>
<tr>
<td><strong>Net Assets, end of year</strong></td>
<td>23,645,523</td>
</tr>
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The Ackerman Institute for the Family is exceedingly grateful to the individuals, foundations and corporations who invested in our work in the past year to make families healthy and strong.

## Foundations and Corporations

<table>
<thead>
<tr>
<th>Ackerman Institute for the Family</th>
<th>Annual Report 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Donors</strong></td>
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<tr>
<td>The Ackerman Institute for the Family is exceedingly grateful to the individuals, foundations and corporations who invested in our work in the past year to make families healthy and strong.</td>
<td></td>
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<tr>
<td><strong>Foundations and Corporations</strong></td>
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<tr>
<td>Abauman Family Foundation</td>
<td>Delta Airlines</td>
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<tr>
<td>Louis &amp; Anne Abrons Foundation</td>
<td>Dozoretz Family Foundation</td>
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<td>Alvarez &amp; Marsal</td>
<td>Drake Libby</td>
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<td>Anna Maria &amp; Stephen Kellen</td>
<td>The Enablement Fund</td>
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<td>Foundation</td>
<td>Ernst &amp; Young LLP</td>
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<tr>
<td>Anonymous Fund at Bank of America</td>
<td>Eva Fehren</td>
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<td>The Armand G. Erpf Fund</td>
<td>Gilder Foundation</td>
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<td>Arthur J. Gallagher &amp; Co.</td>
<td>Goldman Sachs Gives</td>
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<td>Bank of America</td>
<td>Goldring Fund</td>
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<td>The Barrington Foundation, Inc.</td>
<td>Hearst Foundation</td>
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<td>The Bauman Family Foundation</td>
<td>B'ruchah At Fund</td>
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<td>Benjamin Moore</td>
<td>Johnson &amp; Johnson</td>
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<td>Berkman Bottger Newman &amp; Rod</td>
<td>Kahn Brother Advisors</td>
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<td>Betsey &amp; Alan Cohn Foundation</td>
<td>Klingenstein Fund</td>
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<td>The Breaking the Silence</td>
<td>The Nat R. &amp; Martha Knaster</td>
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<td>Foundation</td>
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<td>Brooklyn Home Company</td>
<td>Leo Rosner Foundation, Inc.</td>
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<td>Brooklyn Museum</td>
<td>Loeffler Randall Inc.</td>
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<tr>
<td>Robert &amp; Karen Browne Family Fund</td>
<td>Metzger-Price Fund, Inc.</td>
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<td>Brownstone Foundation</td>
<td>The Messinger Foundation</td>
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<td>Carl C. Icahn Foundation</td>
<td>Mirken Foundation</td>
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<td>Chaparral Foundation</td>
<td>The Morse Family Foundation</td>
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<td>CJS Builders</td>
<td>NoVo Foundation</td>
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<td>Credit Suisse</td>
<td>Oppenheim Family Foundation</td>
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<td>Custom Media Environments</td>
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<td>David B. Kriser Foundation, Inc.</td>
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<td>Leonard &amp; Sophie Davis Foundation</td>
<td>Randa Foundation</td>
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<td>Raylign Foundation</td>
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<td>The Reba Judith Sandler Foundation</td>
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<td></td>
<td>Rennert's Gallery</td>
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<td></td>
<td>Robin Hood Foundation</td>
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Individuals

Robert & Lisa Abel
Sarie Abney
Oded Aboodi
Bobbie Abrams
Mark & John Adamo
Karen Adler
Kitty Alper
John Alvarado
Marisol Alvarez & Russ Abel
Gina & Tom Anderson
Robert & Helen Appel
Michael Arcara
Anuj Astir
Martin Augarten
Ann Axel
Robert Ball
Sanaam Bamshad
Kenneth Bartels & Jane Condon
Karen Bassuk
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Nancy Beres
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Martin Blaustein
Howard Blitman
Vanessa Blondo
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Andrea Blumenthal
Matthew Boethin
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Jill Bammer
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Lois Braverman
Elizabeth Brenner
Michael Bresnan
Blair & Mary Kim Brewster
Deborah & Greg Brill
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Reverend Sandra R. Brown, Ph.D
Amanda Brown
Cori Browne
Clyde & Diane Brownstone
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Cheryl Ching
Rebecca Cleary
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Michael Cummins
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Edward Mendrzycki
Joyce Menschel
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Katherine E. Miller
Majorie & Morgan Miller
Mrs. Edwina Millington
Mary Mogerley
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Susana Morales
Josephine Morales
Carol Morley & Neeraj Garg
Steve & Victoria Morris
Bruce Morrow
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Ellen Mullman
Javier Munoz
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Enid Nemy
Melissa Nesle
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Sheri Sandler
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Sheila & Tony Sauber
Constance Scharf
Michele Scheinkman
Linda A. Schlapfer
Robert Schneider
Mr. & Mrs. Peter Schoenfeld
Timothy Scholler
Joe Schoonbeek
Linda Schuessler
Gina Schuman
Nicholas Schuman
Lisa Schultz

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Sara Lee Schupf
Jane & Norm Schwartz
Jeffrey Schwartz
Lauren Etess Schwartz
Stephen Schwartz
Allan Scott
Christopher Scott
John Serpico
Thomas Sexton
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Mr. & Mrs. Robert F. Shapiro
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Patrick Willingham
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Mr. Kenneth Wyse
Andrew Yang
Jenney Yarosh
Ann & Richard Young
Tom & Suzanne Zarrilli
Courtney Zazzali & Michael Kass
James & Eileen Zazzali
Lois & Bruce Zenkel
Jane & Richard Zenker
Francesco Zerlenga & Trudi Zuercher
Remy Zimmerman
Jeanne Zornada
Eva Zuckerman

† indicates deceased