

the Gender & Family Project

Gender and Family Project **Gender Inclusivity Resources for Educators & Families**

- I. Gender Inclusivity Training for School Administration, Faculty, Staff
- II. Gender Inclusivity Training for Classroom Environments: Elementary, Middle and High Schools
- III. Gender Packets for Families/Parents
- IV. Resources, Referrals, and Further Reading
- V. Children's Books

I. Gender Inclusivity Training for School Administration, Faculty and Staff

I.1. School Policies & Best Practices:

1.1 Gender Spectrum and National Center for Lesbian Rights, *Schools in Transition: A Guide for Supporting Transgender Students in K-12 Schools*, 2015:

<https://www.genderspectrum.org/staging/wp-content/uploads/2015/08/Schools-in-Transition-2015.pdf>

1.2 Department of Education Policy for New York State, *Transgender Student Guidelines*, 2014:

<http://schools.nyc.gov/RulesPolicies/TransgenderStudentGuidelines/default.htm>

1.3 GLSEN *Model Policy on Transgender and Gender Non-Conforming Students*, 2013:

http://glsen.org/sites/default/files/Trans_ModelPolicy_2013.pdf

1.4 National Gay and Lesbian Task Force, *Education Policy*, 2003:

<http://www.thetaskforce.org/downloads/reports/reports/EducationPolicy.pdf>

1.5 Transgender Law Center, *Beyond the Binary*, 2004:

<http://transgenderlawcenter.org/issues/youth/beyond-the-binary>

<http://transgenderlawcenter.org/issues/youth/quick-steps-you-can-take-to-move-your-school-beyond-the-binary>

1.6 *California Model School District Policy*, 2003:

<http://www.casafeschools.org/csscmodelpolicy1209.pdf>

1.7 *Best Practices* Guidelines by Lydia Sausa, PhD for faculty and administrators in middle or high schools, 2009:

<https://www.genderspectrum.org/images/stories/>

[Lydia Sausa Best Practices for Middle Schools and High Schools.pdf](#)

1.8 GLSEN's *Expensive Reasons Why Safe Schools Laws and Policies Are In Your District's Best Interest*, 2012:

<http://glsen.org/sites/default/files/Expensive%20Reasons%20-%20FINAL.pdf>

1.9 PFLAG's *Cultivating Respect: Safe Schools For All Initiative*, 2014:

<http://community.pflag.org/page.aspx?pid=1011>

1.10 Transgender Law & Policy Institute's *Guidelines for Creating Policies for Transgender Children in Recreational Sports*, 2009:

http://www.transgenderlaw.org/resources/trans_children_in_sports.pdf

1.11 GLSEN Sports Project, 2014:

<http://sports.glsen.org/resources/>

1.12 *Should Your School's Dress Code Address Transgender Students?* from Education Update, 2010:

https://www.genderspectrum.org/images/stories/Dress_Codes_and_TG_Students.pdf

1.13 Gender Spectrum *Schools, Restrooms, and Gender Nonconforming Students**, 2014:

https://www.genderspectrum.org/images/stories/Restrooms_and_schools.pdf

*Adapted from Transgender Law Center's *Peeing in Peace*, 2005:

<http://transgenderlawcenter.org/issues/public-accomodations/peeing-in-peace>

I.2 LGBT Youth's School Experiences:

2.1 GLSEN *Shared Differences: The Experiences of LGBT Students of Color in Our Nation's Schools*, 2009:

<http://www.glsen.org/sites/default/files/Shared%20Differences.pdf>

2.2 GLSEN *Harsh Realities: The Experiences of Transgender Youth in Our Nations' Schools*, 2009:

<http://glsen.org/sites/default/files/Harsh%20Realities.pdf>

II. Gender Inclusivity Training for Classroom Environments: Elementary, Middle and High Schools

1. Elementary Curricula

GLSEN's Reading List and Lesson Plans for K-5, 2007:

<http://glsen.org/sites/default/files/readacrossamericaV2.pdf>

GLSEN *Ready, Set, Respect! Elementary School Toolkit*, 2012:

<http://glsen.org/sites/default/files/Ready%20Set%20Respect%21%20GLSEN%27s%20Elementary%20School%20Toolkit.pdf>

- Safe Schools Coalition has multiple resources organized by grade-level, 2014:

<http://www.safeschoolscoalition.org/blackboard-people.html>

- San Francisco Unified School District lesson plans and worksheets, 2014:

<http://www.healthiersf.org/LGBTQ/InTheClassroom/curriculum.html#elem>

- Gender Spectrum School-based Training

https://www.genderspectrum.org/images/stories/Teaching_About_Gender_Identity_and_Fluidity_in_Elementary_School.pdf

-GLSEN LGBT-Inclusive Curricula, 2012:

<http://glsen.org/sites/default/files/LGBT%20incl%20curr%20guide.pdf>, <http://glsen.org/educate/resources/curriculum>

- GLSEN Lesson Plans, 2012:

<http://glsen.org/educate/resources/lesson-plans>

2. Middle School Curricula

- Safe Schools Coalition has multiple resources organized by grade-level, 2014:

<http://www.safeschoolscoalition.org/blackboard-people.html>

- San Francisco Unified School District lesson plans and worksheets, 2014:

<http://www.healthiersf.org/LGBTQ/InTheClassroom/curriculum.html#elem>

- GLSEN LGBT-Inclusive Curricula, 2012:

<http://glsen.org/sites/default/files/LGBT%20incl%20curr%20guide.pdf>, <http://glsen.org/educate/resources/curriculum>

- GLSEN Lesson Plans, 2012:

<http://glsen.org/educate/resources/lesson-plans>

3. High School Curricula

- Safe Schools Coalition has multiple resources organized by grade-level, 2014:

<http://www.safeschoolscoalition.org/blackboard-people.html>

- San Francisco Unified School District lesson plans and worksheets, 2012:

<http://www.healthiersf.org/LGBTQ/InTheClassroom/curriculum.html#elem>

- GLSEN LGBT-Inclusive Curricula, 2012:

<http://glsen.org/sites/default/files/LGBT%20incl%20curr%20guide.pdf>, <http://glsen.org/educate/resources/curriculum>

- GLSEN Lesson Plans, 2012:

<http://glsen.org/educate/resources/lesson-plans>

III. Gender Packets for Families/Parents

1. *Professional Help: 5 Tips for Those Raising Transgender Children* by Jean Malpas, The Atlantic, 2012:

<http://www.theatlantic.com/health/archive/2012/01/professional-help-5-tips-for-those-raising-transgender-children/251407/>

2. *The Transgender Child*, by Brill & Pepper, Cleis Press:

<https://www.genderspectrum.org/store>

3. “Raising Girlyboys” by Diane Ehrensaft:

https://www.genderspectrum.org/images/stories/Raising_Girlyboys.pdf

4. *Gender Born, Gender Made* by Diane Ehrensaft:

<http://genderborngendermade.com>

5. Nat'l Association of Social Workers, *How Do I Know If My Child is Trans:*
[https://www.genderspectrum.org/images/stories/
Early_Childhood_Development_Your_Options__How_Do_I_Know_If_My_Child_Is_Transgender.pdf](https://www.genderspectrum.org/images/stories/Early_Childhood_Development_Your_Options__How_Do_I_Know_If_My_Child_Is_Transgender.pdf)
6. *Helping Families Support Their LGBT Children*, Caitlin Ryan PhD SFSU, 2009:
https://www.genderspectrum.org/images/stories/FAP_Family_LGBT_Brief_Final.pdf
7. Family Acceptance Project, San Francisco State University:
<http://familyproject.sfsu.edu/home>

IV. Resources, Referrals, and Further Reading

Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children, Diane Ehrensaft, The Experiment, 2011.

Transgender 101: A Simple Guide to a Complex Issue, Nicholas M. Teich, Columbia University Press, 2012.

The Transgender Child: A Handbook for Families and Professionals, Stephanie A. Brill & Rachel Pepper, Cleis Press, 2008.

Transgender Emergence: Therapeutic Guidelines for Working with Gender-Variant People and Their Families, Arlene Istar Lev, Haworth Press, 2004.

Your Transgender Teen: A Guide for Parents, Irwin Krieger, Helping Genderwise Press, 2011.

V. Childrens Books

It's Ok to Be Different, by Todd Parr (PreK-2)

Oliver Button is a Sissy, by Tomie DePaola (PreK-2)

Alley Oops, by Janice Levy (PreK-2, 3-5)

Felita, by Nicholasa Mohr (3-5)

Pinky and Rex and the Bully, by James Howe (3-5)

Mr. Lincoln's Way, by Patricia Polacco (3-5)

And Tango Makes Three, by Peter Parnell and Justin Richardson (1-3)

Antonio's Card/La Tarjeta de Antonio, by Rigoberto Gonzalez (2-3)

Chrysanthemum, by Kevin Hankes (K-2)

Just Kidding, by Trudy Ludwig (1-3)

Be Who You Are, by Jennifer Carr (1-5)

When Kayla was Kyle, by Amy Fabrikant (K-8)

The Sissy Duckling, by Harvey Fierstein (K-3)

The Bully Blockers Club, by Teresa Bateman (K-3)

Goal!, by Mina Javaherbin (K-4)

My Name is Bilal, by Asma Modin-Uddin (3-5)

The New Girl ... and Me, by Jacqui Robbins (K-2)

One, by Kathryn Otashi (PreK-1)

Say Something, by Peggy Moss (K-5)

Stay Away from Rat Boy, by Laurie Lears (K-3)

You're Mean, Lily Jean, by Frieda Wishinsky (PreK-3)

All Families are Different, by Sol Gordon (2-5)

All Families are Special, by Norma Simon (K-3)

Asha's Mums, by Rosamund Elwin and Michele Paulse (3-5)

The Different Dragon, by Jennifer Bryan (K-3)

Families, by Susan Kuklin (3-5)

One Dad, Two Dads, Brown Dad, Blue Dads, by Johnny Valentine (K-2)

The Family Book, by Todd Parr (PreK-2)

Uncle Bobby's Wedding, by Sarah Brannen (PreK-2)

10,000 Dresses, by Marcus Ewert (K-3)

Ballerino Nate, by Kimberly Brubaker Bradley (PreK-2)

Elena's Serenade, by Campbell Geeslin (1-4)

Justin and the Best Biscuits in the World, by Mildred Pitts Walter (3-5)

Kate and the Beanstalk, by Mary Pope Osborne (K-3)

The Manny Files, by Christian Burch (4-5) *My*

Princess Boy, by Cheryl Kilodavis (K-2)

Paperbag Princess, by Robert Munsch (K-2)

Tomboy Trouble, by Sharon Dennis Wyeth (2-3)