

Community Training

What We Do

The Ackerman Institute for the Family's community training workshops and short courses aim to deepen our ways of thinking, connecting, and practicing across the field of family systems therapy. Our offerings are designed to support mental health professionals in diverse local communities and around the world.

We aim to amplify the diversity of voices in couple and family therapy and create opportunities for cross-generational and cross-cultural professional development. Topics have included: *Family Therapy with Adolescents*, *Sexual Intimacy & Aging*, *Last Chance Couple Therapy: An Integrative Approach to Working with Relationships on the Brink of Dissolution*.

We Offer

Online or in-person continuing education workshops and short courses.

Training at Ackerman is synonymous with having access to a group of faculty members with several decades of combined classroom and clinical experience. They are as professional as they are passionate about the role of family therapy as an effective therapeutic modality and as a means by which our institute's greater, social justice oriented aims, may be achieved.

Interested in bringing Ackerman's trainings to your organization?

Bring workshops tailored to meet the learning needs of staff and mental health professionals in agencies, clinics, private group practices, schools, hospitals, and community-based organizations.

Workshop Topics

- Last Chance Couple Therapy: An Integrative Approach to Working with Relationships on the Brink of Dissolution
- Healing Intergenerational Wounds: An Integrative Approach
- Introduction to Family Based Suicide Prevention

Short Course Topics

- Emotionally Focused Therapy (EFT) Core Skills Training
- Reflective Group Supervision
- Family Therapy with Adolescents

Trainings for Agencies & Organizations

- An Overview of Family Therapy: The Ackerman Relational Approach
- Narrative Therapy with Children
- Dímelo en Español: Collaborative Therapeutic Conversations with Latino Immigrant Families



Attend a Workshop or Short Course

Our community training workshops and short courses explore a range of innovative topics in couple and family therapy. Our trainings are interactive, easy to attend, and provide top-tier training from diverse leaders in the field of couple and family therapy. To attend, join us online!

Eligibility

Ackerman Institute trainings are intended for qualified mental health professionals, unless otherwise noted. Eligible attendees must be trained in mental health, and currently employed in the field of social work, marriage and family therapy, counseling, psychology, or another mental health profession.

Continuing Education Contact Hours

Continuing education contact hours (CEUs) are available for mental health practitioners who hold LCSW, LMSW, or LMFT licensure, and licensed psychologists in New York State.

The Ackerman Institute for the Family is a major force in post-graduate training for practitioners committed to family mental health. We work with therapists and community partners to develop the necessary skills to support families from all backgrounds. Visit us online to learn more about our clinical services, professional trainings, and community initiatives.

The Ackerman Institute for the Family is a 501(c)(3) nonprofit organization.

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