

Family Engagement and Acceptance Training (FEAT)

Two 30-Week, Online Courses:

- **Foundations of Family Therapy**, the Ackerman Institute's introductory course to the theory and practice of couple and family therapy.
- **Live Clinical Supervision**, specializing in family therapy with transgender and gender nonconforming youth. Using the knowledge of family systems gained from Foundations of Family Therapy, trainees practice teletherapy to observe and work as part of a family therapy treatment team with live faculty supervision. This training emphasizes models of care for working with LGBTQIA+ youth, as well as clinical framework, interventions, and clinical tools. Trainees will also explore their own family's culture of origin and its effect on practice. This course includes review of video-recorded sessions to increase clinical skills and address relevant personal issues.

About the Program

The Ackerman Institute's Gender & Family Project (GFP), The NYC Unity Project, and the Administration for Children Services have joined forces to increase New York City's capacity for family engagement and acceptance for transgender and gender nonconforming youth.

GFP is recruiting up to six New York City-based LGBTQIA+ identified clinicians for the Family Engagement and Acceptance Training (FEAT); a year-long didactic and clinical training in family therapy with transgender, gender nonconforming, and nonbinary youth. Pending the finalization of funding, program tuition is fully covered for FEAT trainees.

The Ackerman Institute for the Family is a major force in post-graduate training for practitioners committed to family mental health. We work with therapists and community partners to develop the necessary skills to support families from all backgrounds. Visit us online to learn more about our clinical services, professional trainings, and community initiatives.

The Ackerman Institute for the Family is a 501(c)(3) nonprofit organization.



Eligibility

Applicants must meet the following criteria:

- Identify as LGBTQ+
- Provide clinical services, at least part time, in an agency or community-based organization in one of NYC's five boroughs
- Must demonstrate competence and fluency in the use of gender inclusive language
- BIPOC clinicians are strongly encouraged to apply.

Did you know?

Successful completion of the FEAT program qualifies as completion of Ackerman's Dual Program. Trainees who complete the FEAT program become eligible to apply for more advanced training in Ackerman's Clinical Externship in Family Therapy.

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The FEAT program was an invaluable learning experience that provided foundational knowledge and skills needed to work with gender expansive youth and their families. The program taught me to expand from an individual perspective and explore the relational experience of the family as a broader, interconnected system.