

Live Clinical Supervision



The Ackerman Institute for the Family is a major force in post-graduate training for practitioners committed to family mental health. We work with therapists and community partners to develop the necessary skills to support families from all backgrounds. Visit us online to learn more about our clinical services, professional trainings, and community initiatives.

The Ackerman Institute for the Family is a 501(c)(3) nonprofit organization.

This course offers the opportunity for hands-on supervision. Trainees work with families with live observation and collaborate as a consultation team to evaluate and plan clinical treatment.

About the Program

This 30-week program provides an opportunity to gain clinical experience in Ackerman's family therapy treatment clinic. Live Clinical Supervision is the second course component in Ackerman's Core Curriculum in Couple and Family Therapy.

Using the knowledge of family systems gained from the prerequisite Foundations of Family Therapy course, trainees in Live Clinical Supervision will participate in a family therapy treatment team. This course provides direct experience delivering clinical services with the support of faculty supervision.

Trainees will also explore their own family's culture of origin and its effect on practice. This course includes review of live and video-recorded sessions to increase clinical skills and address relevant personal issues.

My peer clinicians and supervisor were so wonderful and transformative to my practice as a family therapist. Their intelligence, warmth, and sparkling insight have been invaluable to me.



Live Clinical Supervision Eligibility



- Applicants must hold a master's degree in social work, marriage and family therapy, psychology, or other mental health profession. A professional license is not required for this course.
- Prerequisite: Foundations of Family Therapy*

*Applicants with a Master's Degree in Family Therapy are eligible to apply directly to Live Clinical Supervision.

Training at Ackerman is synonymous with having access to a group of faculty members with several decades of combined classroom and clinical experience. They are as professional as they are passionate about the role of family therapy as an effective therapeutic modality and as a means by which our institute's greater, social justice oriented aims, may be achieved.

Did you know?

You can accelerate your learning by enrolling in both Live Clinical Supervision and Foundations of Family Therapy at the same time. This is our Dual Program.

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