

Sex Therapy Training

Curriculum

The certificate program includes live online meetings with expert faculty, dynamic discussion, and readings. The program includes three specialized 10-week courses that are taken sequentially. Each course provides 30 AASECT continuing education hours.

- Introduction to Sex Therapy
- Intimacy and Sexuality in Couples
- Systemic Sex Therapy

The Ackerman Institute for the Family is a major force in post-graduate training for practitioners committed to family mental health. We work with therapists and community partners to develop the necessary skills to support families from all backgrounds. Visit us online to learn more about our clinical services, professional trainings, and community initiatives.

The Ackerman Institute for the Family is a 501 (c)(3) nonprofit organization.

About the Program

The Ackerman Institute Post-Master's Certificate Program in Sex Therapy is designed to broaden your skills and experience as a clinician to address issues of sexuality in a diverse and dynamic world. This 90-hour online certificate program will further your training required for future certification as a sex therapist with AASECT.

As the leader in couple & family therapy for over 60 years, the Ackerman Institute is uniquely positioned to provide sex therapy training. At Ackerman we view sex therapy as an integral part of the therapeutic experience for intimate relationships, and strive to provide mental health professionals with the highest quality sex therapy training.

We welcome psychotherapists, counselors, couple and family therapists, social workers, psychologists, educators, and other allied professionals to enhance your knowledge and clinical practice in sex therapy.



Sex Therapy Training Eligibility

- Applicants must hold a Master's, Doctorate, or Medical Degree in social work, marriage and family therapy, psychology, or other mental health profession. At least one year of clinical experience is required.

Training at Ackerman is synonymous with having access to a group of faculty members with several decades of combined classroom and clinical experience. They are as professional as they are passionate about the role of family therapy as an effective therapeutic modality and as a means by which our institute's greater, social justice oriented aims, may be achieved.

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The Ackerman Institute for the Family is approved as an AASECT Provider of continuing education credits. Applicants must be licensed or certified to practice psychology, medicine, social work, counseling, nursing, or marriage and family therapy in the United States, Canada, Mexico, or Israel in order to qualify to become an AASECT Certified Sex Therapist. AIF's sex therapy training program is approved for 90 CE credits. The 90 credit hours cover general knowledge in the Core Knowledge Areas set forth and required by AASECT in partial fulfillment for the certified sex therapist designation. Please note that AASECT certification is not automatic. In all cases, the AASECT Certification Committee determines whether or not AASECT certification is awarded. Completion of Ackerman's Certificate Program in Sex Therapy Training does not ensure or guarantee AASECT certification. For further information, please contact info@aasect.org.

"I found this course to be extremely interesting and very beneficial to my practice. The instructor was approachable, knowledgeable, and very experienced with regard to the subject matter. I am looking forward to the next training course cycle!"