



Clinical Externship in Family Therapy

Clinical Practicum and Supervision

Clients are seen through the Ackerman Clinic. Group supervision of live and/or videotaped clinical cases occurs four hours each week.

Treatment Hours

A minimum of 250 required clinical hours are seen through the Ackerman Clinic. To obtain the required 250 clinical hours, externs are expected to provide four (4) weekly clinical hours. Clinical responsibilities mandate adherence to legal and professional ethics, including progress notes, treatment plans, navigating financial conversations with clients and more.

Clinical Seminar

First and second year externs participate in a weekly (90 minutes) seminar focused on application of the ARA with specific clinical issues (e.g., sexual abuse, foster care and adoption).

About the Program

Ackerman's Clinical Externship in Family Therapy is a post-graduate two-year certificate program emphasizing the Ackerman Relational Approach (ARA), an integrative modality comprised of principles and techniques from various models of family therapy, to treatment.

Did you know?

The fastest way to become eligible for the Clinical Externship is by completing our 12-month Dual Program. After successful completion of this prerequisite, trainees can apply to the Clinical Externship.



Clinical Externship Eligibility



- Applicants must hold a graduate degree in social work, marriage and family therapy, psychology or any other mental health profession.
- Prerequisite: Successful completion of Live Clinical Supervision or the Dual Program. Applicants must submit a recommendation from their Live Clinical supervisor.
- Externs must hold New York State Licensure in a mental health discipline.

Training at Ackerman is synonymous with having access to a group of faculty members with several decades of combined classroom and clinical experience. They are as professional as they are passionate about the role of family therapy as an effective therapeutic modality and as a means by which our institute's greater social justice oriented aims may be achieved.

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Testimonial

"My supervisor this year was excellent- she met all of my clinical needs. She was well versed in the ARA and could connect the clinical work back to theory."